

**Trainingsplan Sommervorbereitungsplan
Saison 2010 1,2,3 , Frauen Mannschaft und A, B, C Jugend**

| Datum | Tag | Zeit | Platz | Ort | Art | Ma. | Gegner | Groß/Klein |
|-------------------|-------------------|--------------|----------|----------|----------------|-----------------|--------------------------------------|--------------------------|
| 30.06.2010 | Mittwoch | 18:00 | 1 | A | Training | SV I | | |
| 02.07.2010 | Freitag | 18:30 | 1 | H | Test | SV I | KSC | Großfeld |
| 03.07.2010 | Samstag | 13:30 | 1 | H | Test | C I | Daxlanden | Größfeld |
| 04.07.2010 | Sonntag | 10:30 | 1 | H | Training | SV I / II / III | Offizieller Trainingsauftakt | |
| 06.07.2010 | Dienstag | 18:00 | 1 | H | Training | SV I | Training | |
| 06.07.2010 | Dienstag | 19:00 | 2 | H | Training | SV II / III | Training | |
| 07.07.2010 | Mittwoch | 18:30 | 1 | H | Test | SV I | Sportfreunde Forchheim | Großfeld |
| 08.07.2010 | Donnerstag | 19:00 | 1 | H | Training | SV I / II / III | Training | |
| 09.07.2010 | Freitag | 17:00 | 1 | H | Turnier | Eltern | | Großfeld |
| 10.07.2010 | Samstag | 08:00 | 1 | H | Turnier | Jugend | | Großfeld/keinfeld |
| 10.07.2010 | Samstag | ?? | | A | Test | SV I | ?? | Großfeld |
| 10.07.2010 | Samstag | ?? | | A | Test | SV II | Turnier bei DJK Au | Großfeld |
| 11.07.2010 | Sonntag | 08:00 | 1 | H | Turnier | Jugend | | Großfeld/keinfeld |
| 13.07.2010 | Dienstag | 19:00 | 3 | H | Training | SV I | Training | |
| 13.07.2010 | Dienstag | 19:00 | 2 | H | Training | SV II / III | Training | |
| 14.07.2010 | Mittwoch | 19:00 | 3 | H | Training | SV I | Training | |
| 15.07.2010 | Donnerstag | 19:00 | 3 | H | Training | SV I / II / III | Training | |
| 16.07.2010 | Freitag | 19:00 | 2 | H | Training | SV II / III | Training | |
| 17.07.2010 | Samstag | 09:30 | 3 | H | Training | SV I | Training | |
| 18.07.2010 | Sonntag | ?? | | A | Pokal | SV I | in Loffenau | Großfeld |
| 18.07.2010 | Sonntag | | | A | Test | SV II | Sportfest SCN TV Mörsch | Großfeld |
| 19.07.2010 | Montag | 18:00 | | A | Test | SV I | Sportfest Schöllbronn | Großfeld |
| 20.08.2010 | Dienstag | 19:00 | | A | Test | SV II | Iffezheim | Großfeld |
| 20.07.2010 | Dienstag | 19:00 | 2 | H | Training | SV III | Training | |
| 21.07.2010 | Mittwoch | 19:00 | 3 | H | Training | SV I | Training | |
| 22.07.2010 | Donnerstag | 19:00 | 3 | H | Training | SV II | Training | |
| 23.07.2010 | Freitag | 19:00 | 2 | H | Training | SV II / III | Training | |
| 24.07.2010 | Samstag | 17:00 | | A | Test | SV II | SG Siemens | Großfeld |
| 24.07.2010 | Samstag | 18:00 | 3 | H | Test | AH | FC West | Großfeld |
| 25.07.2010 | Sonntag | 11:00 | 3 | H | Training | Frauen | Trainingsauftakt | |
| 25.07.2010 | Sonntag | ?? | | A | Test | SV I | Sportfest Pfaffenrot | Großfeld |
| 26.07.2010 | Montag | 19:00 | 3 | H | Training | SV II / III | Training | |
| 27.07.2010 | Dienstag | 19:30 | 3 | H | Training | Frauen | Training | |
| 28.07.2010 | Mittwoch | 19:00 | 1 | H | Training | SV I / III | Training | |
| 28.07.2010 | Mittwoch | 19:00 | | A | Test | SV II | FSV Al.Rüppurr | Großfeld |
| 29.07.2010 | Donnerstag | 19:00 | 3 | H | Training | SV I / II | Training | |
| 30.07.2010 | Freitag | 19:30 | 2 | H | Training | Frauen | Training | |
| 31.07.2010 | Samstag | 15:30 | 1 | H | Pokal | SV I | Rotenfels / Gamshurst (17:00) | Großfeld |
| 31.07.2010 | Samstag | 09:30 | 3 | H | Training | SV I | Train(slager) | |
| 31.07.2010 | Samstag | 13:00 | | A | Turnier | Frauen | Bei FC Allemania Hamberg | |
| 31.07.2010 | Samstag | ?? | 3 | H | Training | SV II | Training und /oder Spiel | |
| 01.08.2010 | Sonntag | 11:00 | 3 | H | Training | Frauen | Training | |
| 01.08.2010 | Sonntag | ?? | 3 | H | Training | SV II | Training und /oder Spiel | |
| 02.08.2010 | Montag | 17:30 | | A | Test | SV I | Blitzturnier Au am Rhein | Großfeld |
| 02.08.2010 | Montag | 19:00 | 2 | H | Training | SV III | Training | |
| 02.08.2010 | Montag | 19:30 | 2 | H | Training | Frauen | Training | |
| 03.08.2010 | Dienstag | 19:00 | 3 | H | Training | SV I / II | Training | |
| 04.08.2010 | Mittwoch | 19:30 | 2 | H | Training | Frauen | Training | |
| 05.08.2010 | Donnerstag | 19:00 | 3 | H | Training | SV I / II | Training | |
| 05.08.2010 | Donnerstag | ?? | | | Test | SV III | ??? | Großfeld |
| 06.08.2010 | Freitag | 19:00 | 3 | H | Test | SV II | SV III anschl. Grillfest | Großfeld |
| 07.08.2010 | Samstag | 17:00 | 3 | H | Training | Frauen | Training | |
| 07.08.2010 | Samstag | 17:00 | | A | Test | SV I | ??? | Großfeld |

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| Datum | Tag | Zeit | Platz | Ort | Art | Ma. | Gegner | Groß/Klein |
|------------|------------|-------|-------|-----|----------|-----------------|----------------------|------------|
| 08.08.2010 | Sonntag | 17:00 | | A | Test | SV II | VSV Büchig | Großfeld |
| 08.08.2010 | Sonntag | ?? | ?? | ?? | Test | Frauen | ??? | |
| 09.08.2010 | Montag | 19:00 | 2 | H | Training | SV II / III | Training | |
| 10.08.2010 | Dienstag | 17:30 | 3 | H | Training | B | Trainingsauftakt | |
| 10.08.2010 | Dienstag | 17:30 | 3 | H | Training | A | Trainingsauftakt | |
| 10.08.2010 | Dienstag | 19:00 | 3 | H | Training | SV I / II | Training | |
| 11.08.2010 | Mittwoch | 19:00 | | | Test | SV III | ??? | Großfeld |
| 11.08.2010 | Mittwoch | 19:30 | 2 | H | Training | Frauen | Training | |
| 12.08.2010 | Donnerstag | 17:30 | 3 | H | Training | B | Training | |
| 12.08.2010 | Donnerstag | 17:30 | 3 | H | Training | A | Training | |
| 12.08.2010 | Donnerstag | 19:00 | 3 | H | Training | SV I / II / III | Training | |
| 13.08.2010 | Freitag | 19:30 | 3 | H | Training | Frauen | Training | |
| 14.08.2010 | Samstag | ?? | 3 | H | Training | B | Training | |
| 14.08.2010 | Samstag | 11:00 | 3 | H | Training | A | Training | |
| 14.08.2010 | Samstag | 17:00 | 3 | H | Test | Frauen | Vimbuch | Großfeld |
| 14.08.2010 | Samstag | | | | Verb.sp. | SV | | Großfeld |
| 15.08.2010 | Sonntag | | | | Verb.sp. | SV | | Großfeld |
| 17.08.2010 | Dienstag | 17:30 | 2 | H | Training | B | Training | |
| 17.08.2010 | Dienstag | 17:30 | 2 | H | Training | A | Training | |
| 17.08.2010 | Dienstag | 19:00 | 3 | H | Training | SV I / II / III | Training | |
| 18.08.2010 | Mittwoch | 19:30 | 3 | H | Training | Frauen | Training | |
| 19.08.2010 | Donnerstag | 17:30 | 3 | H | Training | B | Training | |
| 19.08.2010 | Donnerstag | 17:30 | 3 | H | Training | A | Training | |
| 19.08.2010 | Donnerstag | 19:00 | 3 | H | Training | SV I / II / III | Training | |
| 20.08.2010 | Freitag | 19:30 | 2 | H | Training | Frauen | Training | |
| 21.08.2010 | Samstag | ?? | 2 | H | Training | B | Training | |
| 23.08.2010 | Montag | 19:30 | 2 | H | Training | Frauen | Training | |
| 24.08.2010 | Dienstag | 17:30 | 2 | H | Training | B | Training | |
| 24.08.2010 | Dienstag | 17:30 | 2 | H | Training | A | Training | |
| 25.08.2010 | Mittwoch | 19:30 | 3 | H | Training | Frauen | Training | |
| 26.08.2010 | Donnerstag | 17:30 | 3 | H | Training | B | Training | |
| 26.08.2010 | Donnerstag | 17:30 | 3 | H | Training | A | Training | |
| 28.08.2010 | Samstag | ?? | 2 | H | Training | B | Training | |
| 28.08.2010 | Samstag | 17:00 | 2 | H | Training | Frauen | Training oder Spiel | |
| 29.08.2010 | Sonntag | 11:00 | 3 | H | Training | Frauen | Training oder Spiel | |
| 31.08.2010 | Dienstag | 17:30 | 2 | H | Training | B | Training | |
| 31.08.2010 | Dienstag | 17:30 | 2 | H | Training | A | Training | |
| 01.09.2010 | Mittwoch | 19:30 | 3 | H | Training | Frauen | Training | |
| 02.09.2010 | Donnerstag | 17:30 | 3 | H | Training | B | Training | |
| 02.09.2010 | Donnerstag | 17:30 | 3 | H | Training | A | Training | |
| 03.09.2010 | Freitag | 19:30 | 2 | H | Training | Frauen | Training | |
| 04.09.2010 | Samstag | ?? | 2 | H | Training | B | Training | |
| 04.09.2010 | Samstag | ??? | ??? | ? | Verb.sp. | Frauen | ??? | Großfeld |
| 05.09.2010 | Sonntag | 11:00 | 3 | H | Test | A | SV Sinzheim | Großfeld |
| 05.09.2010 | Sonntag | ??? | ??? | ? | Verb.sp. | Frauen | ??? | Großfeld |
| 06.09.2010 | Montag | ?? | 3 | H | Test | C | ??? | Großfeld |
| 07.09.2010 | Dienstag | 17:30 | 2 | H | Training | B | Training | |
| 07.09.2010 | Dienstag | 17:30 | 2 | H | Training | A | Training | |
| 09.09.2010 | Donnerstag | 17:30 | 3 | H | Training | A | Training | |
| 10.09.2010 | Freitag | ?? | 2 | H | Training | B | Trainingslager am SV | |
| 11.09.2010 | Samstag | 17:00 | 3 | H | Test | A | Plittersdorf | Großfeld |
| 11.09.2010 | Samstag | ?? | 3 | H | Training | B | Trainingslager am SV | |
| 12.09.2010 | Sonntag | ?? | 3 | H | Training | B | Trainingslager am SV | |
| | | | | | | | | |
| Datum | Tag | Zeit | Platz | Ort | Art | Ma. | Gegner | Groß/Klein |
| 14.09.2010 | Dienstag | 17:30 | 2 | H | Training | B | Training | |
| 14.09.2010 | Dienstag | 17:30 | 2 | H | Training | A | Training | |
| 16.09.2010 | Donnerstag | 17:30 | 3 | H | Training | B | Training | |

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| | | | | | | | | |
|------------|------------|-------|---|---|----------|---|----------|--|
| 16.09.2010 | Donnerstag | 17:30 | 3 | H | Training | A | Training | |
| 18.09.2010 | Samstag | 17:30 | 2 | H | Training | B | Training | |
| 21.09.2010 | Dienstag | 17:30 | 2 | H | Training | B | Training | |
| 23.09.2010 | Donnerstag | 17:30 | 3 | H | Training | B | Training | |
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